

## “Research Associate in the field of Child Development and Human Relations”

**Helen Hall**

A woman named Emily renewing her driver’s licence at the Transport Office was asked by the clerk to state her occupation. Uncertain, she hesitated.

“What I mean is,” explained the clerk, “Do you have a job?”.

“Of course I have a job,” snapped Emily, “I’m a Mum”.

“We don’t list Mum as an occupation, Housewife covers it”, said the clerk.

I forgot all about the story until one day I found myself in the same situation. The clerk was obviously a career woman, poised, efficient and possessed a high sounding title. “What is your occupation?” She probed. I don’t know what made me say it ... the words simply popped out. “I’m a Research Associate of Child Development and Human Relations.”

“Might I ask,” said the clerk, “just what do you do in your field?”

Coolly, without a trace of fluster in my, voice, I heard myself reply, “I have a continuing program of research in the laboratory and in the field (normally I would have said indoors and out). I’m working for my Masters, (the whole blooming family) and already have 4 credits (all daughters). The job is most demanding, I often work 14 hours a day (24 is more like it) but the job is more challenging than most run-of-the-mill careers and the rewards are far more satisfying than just money.”

There was an increasing role of respect in the girl’s voice as she ushered me to the door.

Arriving home, buoyed up by my glamorous new career, I was greeted by my lab assistants (ages 10, 7, and 3) and our new experimental model (6 month old, testing a new vocal pattern). I felt I had triumphed over bureaucracy and I had gone on the official records as someone more distinguished and indispensable to mankind than “just another Mum.”

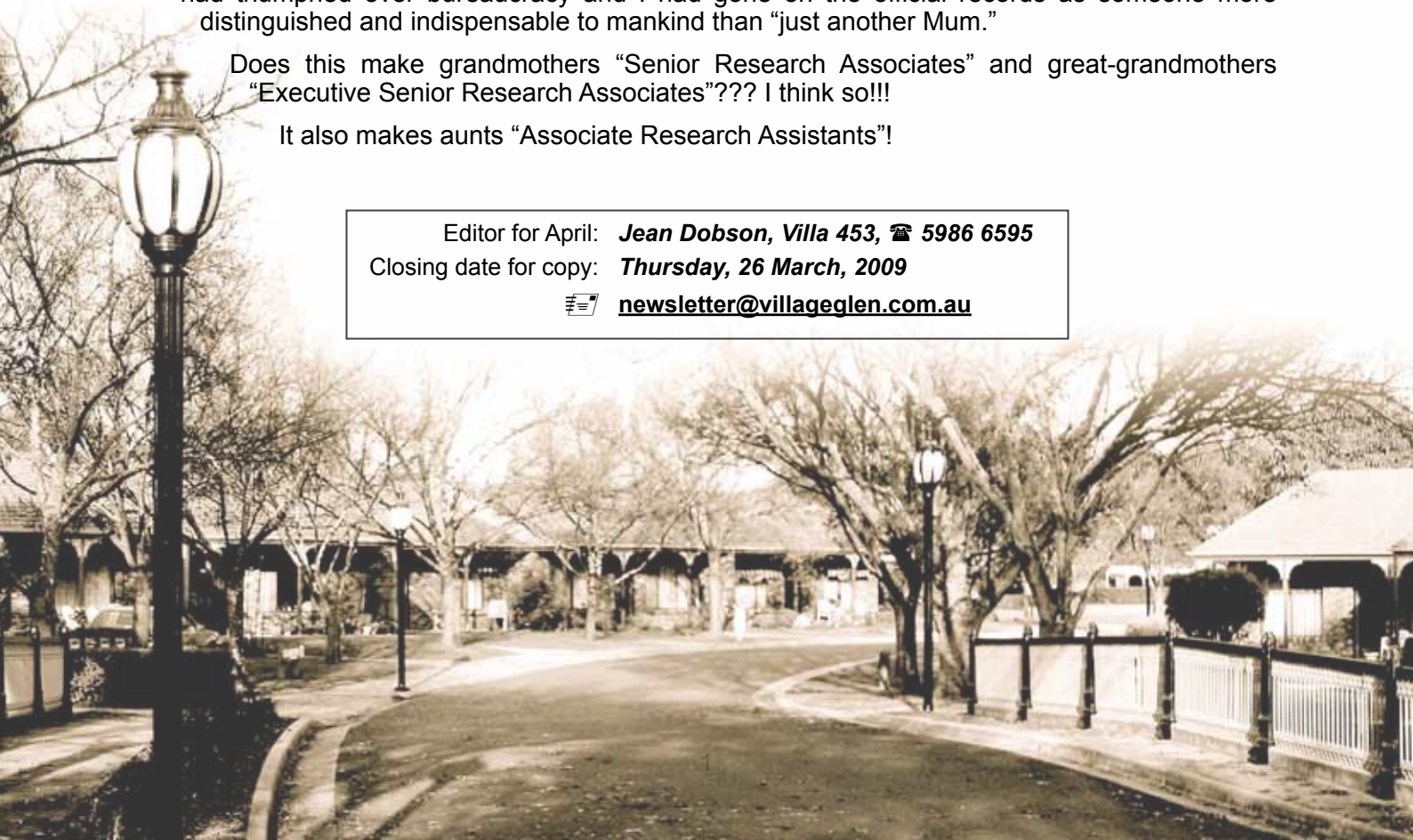
Does this make grandmothers “Senior Research Associates” and great-grandmothers “Executive Senior Research Associates”??? I think so!!!

It also makes aunts “Associate Research Assistants”!

Editor for April: **Jean Dobson, Villa 453, ☎ 5986 6595**

Closing date for copy: **Thursday, 26 March, 2009**

✉ [newsletter@villageglen.com.au](mailto:newsletter@villageglen.com.au)





# HAPPY BIRTHDAY

## WELCOME

Don & Audrey Walton (from A1411) V238  
 June Johnston V604  
 Jan Adrian V195

## APRIL

- |   |  |
|---|--|
| 1 Lloyd Moulton<br>Peter Doyle<br>Ruth Schroder                   | 17 Val Woodrow<br>Bob Baxter<br>Toni Murphy                        |
| 2 Wayne Fowler  | 18 Max McDonald  |
| 3 Cynthia Sparks<br>Joyce Stone<br>Elaine Haynes                  | 19 Dot Cattlin<br>Jo Lindley<br>Daph Badcock<br>Isobel Baker       |
| 5 Avril Webster   | 20 Bruce Anderson<br>Peter Cook                                    |
| 7 Victor Crane<br>Maggie Hancock<br>Betty Tough-Mckie             | 21 Anne Thorpe   |
| 8 Julieanne Slattery<br>Don Walton<br>Henry Lang                  | 22 Daphne Menz<br>June Johnston                                    |
| 9 Lex Carmody<br>Pam James  | 23 Jim Anning<br>Walter Bell<br>Bob Crowle                         |
| 10 Marg Berkery   | 24 Gwen Phillips<br>Eleanor MacLeod                                |
| 11 Doug Garnham   | Lillian Mackey<br>Jean Garby                                       |
| 13 Alan Jones<br>Arnold Moore<br>Don Anderson<br>Helen Bruce      | 25 Edith Campbell<br>Beth Fitcher                                  |
| 14 Elaine Richardson<br>Ian Cox<br>Avril Cross<br>Margaret Fuller | 26 Jack Holmes<br>27 Dorothy Gilbert<br>Joy Woodley                |
| 15 Gwen Blackwell<br>Peter Fairbairn                              | 28 Peter White<br>Richard Smillie                                  |
| 16 Fil Cuthbert<br>Jean Glover<br>Betty McPhee                    | 29 Chriss Fryer<br>Doug Clark<br>Beth Fitcher<br>Margaret Westmore |

## THANKS

**Eileen Finnin, Paul, Helen and their families** wish to thank Management and Residents of The Village Glen, for their condolences when Andy died so suddenly on the 27 December. The support of our friends is a great comfort to us at this time.

**Mabel Dower**, previous resident now residing at Brickendon Lodge, would like to thank her kind friends from The Village Glen who sent cards, gifts and best wishes on the occasion of her 100th birthday on 16 February. Many thanks, Mabel.

**Joyce & Derek Woodley, V338.** Thanks to the ladies who were on duty in the Clubhouse on 24 & 29 January helping Derek and I celebrate our 60th Wedding Anniversary with family and friends. The meal and service was terrific. Thanks to all.

**Mary & Brian Hill, V345.** To all our friends and neighbours at the Village Glen, Brian and I would like to thank you for your kindness during my hospital stay, due to my injuries following a fall. I have recovered extremely well, and life goes on as normal.


**Margaret Bennett, V146.** I would like to thank Gary and his team for the wonderful birthday lunch on the occasion of my 80th birthday. It was enjoyed by all who shared in this special day.

**Editor.** A number of residents have contacted me wishing to thank Chas for his generous donation to the Bushfire Appeal and for the purchase of Ti Tree Gardens which gives hope for their future care.

## BEREAVEMENTS

Basil Harris	Villa 159
Helen (Nellie) Woolley	Villa 175
Margaret Young	Villa 47

## Newsletter Contributions

 If you write your article by hand please deliver it to either the Editor or the Office.

 If you compose your article on a computer please email it to: [newsletter@villagelen.com.au](mailto:newsletter@villagelen.com.au)

*Newsletter editors and Management have the right to correct or edit all articles submitted for publication. They also have the discretion not to insert articles due to newsletter size restrictions or content. Should you have any concerns please speak with Management.*

## Village Glen Bush Fire Appeal



Residents' Club President, Elaine Travis, had much pleasure in presenting a cheque for the magnificent amount of \$126,348.20 to Captain Michael Wright of the Salvation Army. Captain Wright assures us that the funds will be put to good use in the rebuilding of the bush fire affected areas. Congratulations to Village Glen Residents, Management and Staff.



### The Village Glen ANZAC DAY Commemorative Ceremony

The ANZAC Day Commemorative Ceremony will be held in the Clubhouse on Sunday, 19 April. All Residents are welcome to attend.

Due to the large attendance in the past at our Service, residents in the vicinity of the Clubhouse are requested to make their lawns available for temporary parking. Your co-operation is appreciated.

The March will commence at 2.15pm and will be followed by the traditional ceremony. HMAS Cerebus will, once again, provide the Saluting Officer and Catafalque Party.

Any resident requiring transport to the Ceremony is asked to register their details at the Office.

All Ex-Service personnel and War Widows should have received a personal invitation. If you have not, please contact Elaine Travis.

Please place your **RSVP in the box at the Office prior to Friday, 27 March** in order that reserved seating can be arranged.

All enquires to: **Elaine Travis**  
☎ 5982 1304

## PHOTOGRAPHER'S

Photographs taken at the following functions are now on display and available to order.



Jeanette, V527  
☎ 5946 0057

### Functions & Events

Australia Day Lunch  
Family Day Breakfast

### DVD (now available)

Village Glen in Action 2008



## dates for your diary ...

Buffet Breakfast	29 March
Movie	24 March
Sister Carmel Day	4 April
Movie	7 April
Good Friday Service	10 April
Fashion Parade	18 April
ANZAC Day March	19 April



Due to Easter  
April's edition of the  
newsletter will be  
delivered on  
Thursday, 9 April.




## GOOD FRIDAY SERVICE

**10 April - The Hub**

Julian Coles will conduct a Good Friday Service at The Village Glen at 9.30am in the Dining Room.

Tea, coffee and hot cross buns will be served after the service.

A gold coin donation for the Royal Children's Hospital Appeal would be appreciated by all those attending.



## U3A classes

@ the Village Glen

### DISCUSSION GROUP - "Words of Wisdom" (??)

The next meeting of our Discussion Group is on Wednesday, 18 March, and a further meeting on 1 April at Anne Hunt's home at 10.00am.

For further information please phone Anne on ☎ 5982 3197.

### HISTORY LUNCHEs

History Lunches are proving popular and the date for our next meeting is Thursday, 9 April in the Craft Centre at 12.30pm. We are delighted that Pat Sharples, a well known history lecturer in U3A, is coming to speak to us. Her topic is 'History of Indonesia'.

New members are welcome. Please bring a plate of finger food to share.

For information please ring Edna on ☎ 5982 3021.

## NEXT MOVIE

Tuesday, 24 March, 2.30pm

### 'Nights In Rodanthe'

Starring Richard Gere and Diane Lane

## AFTERNOON

## TEA MOVIE

Tuesday, 7 April

Coffee and cake served at 2.00pm,  
the movie commencing at 2.30pm

### 'The Duchess'

Starring Keira Knightley & Ralph Fiennes

A chronicle of the life of 18th century aristocrat Georgiana, Duchess of Devonshire, who was reviled for her extravagant political and personal life.

## FIDELITY CLUB

The February meeting was well attended, with 58 members present and 17 apologies were recorded.

A moments silence was held for our departed Bro. Andy Finnin.

All the business for the day was dealt with and morning tea was taken. We then went to the main dining room to hear a very interesting talk by Audrey Sutherland, which was very well received, after which, the usual pen and card was presented to Audrey. During the talk the chefs were preparing the BBQ lunch. A great feast was partaken and enjoyed by all.

**Rupe Halliwell**

## WORKSHOP

It is with regret that we announce the passing of Eric Evans.

Eric was a foundation committee member of the Club and was the maintenance man for all the equipment. He also fitted the original dust extraction machinery.

His health prevented him from continuing this work. He will be sadly missed.

## Brickendon's Bush Fire Fundraiser



The Residents and Staff of Brickendon Lodge would like to thank all Village Glen residents who attended the special Afternoon Tea fundraiser for the Bush Fire Appeal.

Brickendon raised a total of \$1904.95 to support those affected by the recent bush fires. Residents were delighted that they were supported in their fundraising effort. Thank you so much.

**Christine Howell, Director of Nursing, Brickendon Lodge**



### KAY'S FASHION PARADE Autumn Collection

2.00pm Saturday, 18 April

in the Dining Room

The fashion trends for Autumn 2009 will feature RED, which will go with black navy and grey. Aubergine and berry tones as well as blues are back.

We have a selection of fleecy tops, printed blouses and pants. Silky look vests and knitwear are also featured.

Watch out for our marked down summer specials.

Enquiries:

Maureen McKenzie ☎ 5986 7159

Avril Cross ☎ 5981 1277

The Village Glen Bowls Club  
**Can you please help?**

## SISTER CARMEL DAY

**Saturday, 4 April, 9.30am, Sports Building**

All monies raised will be donated to  
**SOUTHERN PENINSULA CANCER SUPPORT GROUP**

This group co-ordinates help, support and transport for patients on the Peninsula.

We ask for your help again with donations of cakes, biscuits, slices, jams, pickles and bric-a-brac.

Please **NO** clothes or electrical goods.

There will be the usual Monster Raffle (tickets will be on sale before the day - 3 for \$2); lucky numbers; morning tea (\$2.00) and a BBQ at lunch time.

**No bowls this year due to green reconstruction.**

Enquiries: Heather Marsh ☎ 5986 6772  
Julieanne Slattery ☎ 5986 7220



### MAC USERS GROUP (MUG)

9.30 - 11.30am, Craft Centre

Prospective MAC Users welcome

Tuesday, 17 Mar NO CLASS

Tuesday, 24 Mar NO CLASS

Tuesday, 31 Mar iPhoto

Tuesday, 7 Apr NO CLASS

Tuesday, 14 Apr iPhoto

Tuesday, 21 Apr NO CLASS

Contacts:

**John Morris, V463, ☎ 5982 3308**  
or **Jeanette Marshall, V527, ☎ 5946 0057**



### SUDOKU

7	8	1						
		9			6			
	2	5	1			9	4	
1		6	8		4			
5	4	8		2		3	7	
3	9			6	7			
2			4					8
8				9		7	3	
9				1			6	2

# COMPUTER CLUB

There are many email scams and 'Phishing' emails on the Internet. Most scams try to entice you to part with your money, while Phishing emails try to obtain personal or financial information from you. Some of these emails look like they came from your bank, with a very realistic letterhead, suggesting that they are updating their records and could you provide details about your accounts.

If you fall for this trick they are able to buy items using the information you have given them and you are left with the bill. The fact is that banks never send emails. If they wish to contact you, they will send you a letter and request that you attend one of their branches to sort the matter out. If you have any suspicion about an email do not open it, just delete it. I have even seen a letter that came from Portugal that requested information about bank accounts. Email scams do work. In Australia last year 330,000 people became victims by responding to scams and lost a total of \$977 million dollars.

Protect yourself by not divulging any banking, pin numbers, or personal information in response to any letter or email. More detailed information on this matter can be found at <[www.protectfinancialid.org.au](http://www.protectfinancialid.org.au)>

Our next Computer Meeting is on Friday, 20 March at 10.00am in the Craft Centre.

Our next XP Meeting will be held on Thursday, 2 April in the Craft Centre at 10.00am.

**Ivan Elvish**

## FRIENDSHIP GROUP

No news is good news or so it is said. However, we hope for a good attendance at the next meeting as we have a couple of outings to suggest.

To Joy Bryant who is in hospital and to anyone else who is not well, we say cheer up and get well soon.

In the next newsletter, we will report on our February meeting, when Ida had some more "brain teasers".

Stay well and happy ...

**Elwyn and Ida**

## KENKEN



**Solution page 12**

7+			2-
12x		2	
	4	24x	
6x			

Each 4x4 puzzle must contain the numbers 1, 2, 3 & 4 in each row and each column.

The other rule is that in each 'block', which has a thick line around it, the target number in the top left-hand square of the block is calculated from the numbers in all the squares of that block, using addition, subtraction multiplication or division.

## NEWS FROM THE VILLAGE SHOP

A very warm welcome to our new residents. You have probably seen the shop in your visits to the Hub, but do come and visit us.

We have extended our stock over the past couple of months, and we are pleased with the result. We now have some easily prepared meals, including casserole bases, simmer sauces and pasta. We have always kept frozen meals, and these are very popular.

Members of our Craft Group have been displaying their work in the shop for a long time. The sale of these items goes to the Residents' Committee, and therefore benefits us all. Please look at their work if you need a gift. Our Workshop Group also have some of their woodwork in the shop for sale. The men donate profits from the sale of their work to local charities. Both groups appreciate our support.

We are very grateful to the many volunteers who keep our shop running efficiently. What would we do without you?

**Graeme Hindson**

### FOOTNOTE FOR SHOP HELPERS

It is with great pleasure that we welcome Haze Thomas with her wealth of experience as Roster Co-ordinator for our Shop helpers.

If you are unable to help in the shop on your rostered day, please contact Haze on ☎ 5986 1653.

## Behind Closed Doors - Villa 65

### The acquisition of a 1924 Hudson



*Barend and Mary Van Den Bovenkamp, Villa 65, have spent the last five years lovingly restoring a 1924 Hudson. The Hudson was 'unveiled' on Tuesday, 3 February, and displayed at the SPCHCC 2009 "Show and Shine" where Barend proudly accepted awards for 'Best veteran/Vintage Car 1900-1930' and 'Most Desirable Car of the Show'. This is their story ...*

Back in 1969 when my son, Rudi, and I were working on an electrical job there it was - an old car under a tarpaulin! You could tell it was old because the only thing visible were the 'spoke' wheels.

I always liked vintage cars, but not to own and certainly not to restore!

And yes, there was a little old lady, and yes, it was for sale.

When we got home Rudi made a couple of phone calls (to expert vintage car professionals!!!!) and spelled out to me that, "A car like that, in a paddock, half under water, will be worth thousands." Rudi was a 'goner', but I was still not interested.

Eventually Rudi and I struck a deal. I would buy the car and he would pay me back at the rate of one dollar per week. As we had very little money we struck a deal with the owner of the car - the price of the electrical job as a deposit and in three months the car was paid for and collected.

When the car was delivered, and in our carport, Rudi decided he no longer wanted the car - that made two of us! So now I owned a 1924 Hudson Imperial Sedan. Nearly everyone said, "What a beauty!". Nearly everyone - I did not! And so the 'Hate-Love' relationship began.

How I wanted to get rid of the Hudson but could not. How, at last, we started the restoration and finally finished it with great success - therein lie more stories.

## SATURDAY NIGHT LOUNGE (SNL)

**Saturday, 21 March, 6.30pm Craft Centre**

**"Nibble and Natter" among friends**

Everyone's welcome at our free-n-easy get togethers. So, come share some food, drink and wit among our happy residents. As always, it's a BYO affair, so bring along your favourite delectable dishes and the odd "drop" to wash it down.

Introducing a "New Look" Saturday Night Lounge style. Each month a different table group will be responsible for the program. That way we figure, everyone contributes to the variety. If you have any queries re our March SNL please contact Elaine Cleaver on ☎ 5986 8982.

Contribute to the fun and fellowship and we guarantee you'll want to come back.

You set the pace as the evening progresses.

To assist with the defraying of "running costs and the odd little surprise" we ask all attending from now on to contribute a 20 cent coin on entry.

### **An early reminder for the diary**

Our **"Easter Parade Night" 18 April**, back to an early start at 6pm

So, please start to "doll up" the bonnets girls and boys, and come along to join in our fun celebrations.

As your current organisers, we move on to make way for this new approach to Saturday Night Lounge. Please accept our heartfelt thanks, each and every one of you, for the way you've supported us during the past year or so; you really are a great group. We know, that with your continued enthusiasm and participation, Saturday Night Lounge, in whatever form it takes, will go on from strength to strength.

Lastly, we wish to thank Leola McColl, ☎ 5986 7429 for offering to act as the link person between Village Management and the Saturday Night Loungers, so helping to ensure co-operation between the many groups who use the facilities the Craft Room offers.

See you at the Craft Room on 21 March. Cheers for now from Kevin, Ian, Peter and Noel.



# Social Calendar

AFTERNOON MOVIE.....	Tuesday, 24 March & 7 April - The Hub
APARTMENT RESIDENTS' MEETING.....	Next meeting - Tues, 31 March, 4.00pm - The Hub
ART CLASS.....	Every Wednesday - 1.00pm - Craft Centre
AUSTRALIAN HEARING.....	1st Friday & 3rd Wednesday each month - The Hub ; ☎ 5982 0799
BOOK CLUB.....	4th Wednesday each month - 1.30pm - Clubhouse
BOWLS .....	See Noticeboard in Sports Building
BRIDGE.....	Every Friday - 1.00pm - Sports Building
BRIDGE, EVENING .....	Every Tuesday - 7.00pm - Sports Building
CAFE - BUFFET BREAKFAST .....	Last Sunday of month - Clubhouse Cafe - Cancelled for APRIL
CAFE - PLOUGHMAN'S LUNCH .....	1st Saturday each month - 12noon - Clubhouse Cafe
CIRCUIT TRAINING.....	See Noticeboard in The Hub
COMPUTER CLUB.....	3rd Friday each month - 10.00am - Craft Centre
CONCENTRATION.....	Every Saturday - 7.15pm - The Hub
CRAFT.....	Every Monday - 1.30pm - Craft Centre
CRAZY WHIST.....	Every Wednesday - 1.00pm - Upstairs Lounge
CROQUET .....	Played six days per week ; ☎ 5982 1045
DEVOTION.....	Every Tuesday - 9.30am - The Hub
FIDELITY CLUB MEETING.....	1st Tuesday each month - 9.30am - Craft Centre
FRIENDSHIP CLUB.....	4th Saturday each month - 5.00 to 7.00pm - Craft Centre
GOLF COMPETITIONS (Shot Gun Start).....	Monday - 1.30pm, Wednesday - 2.30pm, Friday - 2.30pm
INDOOR BOWLS .....	Every Thursday - 1.00pm - Sports Building
HOLY COMMUNION.....	1st Friday each month - 9.30am - Upstairs Lounge
LINE DANCING.....	Every Saturday - 2.30pm - The Hub
'MAC' USERS GROUP .....	Refer to newsletter item for dates - 9.30am - Craft Centre
MAHJONG & RUMMIKING.....	Every Monday - 1.00pm - Sports Building
MASSAGE THERAPY.....	Every Wednesday & Thursday - Clubhouse ; ☎ 5975 4037
MEDICAL TAXI.....	Mondays 2.00 to 6.00pm. Confirm appointment with Office
NEW RESIDENTS' MEETING .....	Last Thursday of odd-numbered months - 10.00am - The Hub
PETANQUE.....	Every Monday - 9.30am - near the Lake
POTTERY.....	Every Monday - 9.30am - Craft Centre, kiln firing Thursday
<b>RESIDENTS' COMMITTEE MEETING .....</b>	<b>Thursday, 2 April - 9.30am - Upstairs Lounge</b>
<b>RESIDENTS' MEETING .....</b>	<b>Wednesday, 8 April - 7.30pm - Sports Building</b>
ROSARY.....	Every Friday - 4.30pm - Upstairs Lounge
SATURDAY NIGHT LOUNGE.....	3rd Saturday each month - 6.30pm - Craft Centre
SNOOKER - MENS.....	Every Monday, Wednesday & Saturday - 12 noon
SOCIAL GATHERING & AFTERNOON TEA... ..	Every Thursday - 2.00pm - Upstairs Lounge
SOLO.....	Every Tuesday - 1.00pm - Upstairs Lounge
STRENGTH BALL TRAINING.....	Every Friday - 11.00am - Sports Building
SWIMMING LESSONS - BEGINNERS.....	Every Tuesday from 11.00am - Pool closed until 12 noon
TABLE TENNIS.....	Wednesday & Friday - 8.30am - Sports Building
TAI CHI CLASS.....	Every Monday - 9.15am - Sports Building
TAI CHI EXERCISE.....	Wednesday, 7.00am, & Friday, 7.30pm, Sports Building
U3A - WORDS OF WISDOM.....	1st & 3rd Wednesday each month - Anne ; 5982 3197
U3A - HISTORY LUNCHES.....	2nd Thursday each month - 12.30pm - Craft Centre
WATER AEROBICS.....	Monday & Thursday - See Noticeboard in The Hub
WEIGHT-BEARING EXERCISE.....	Every Monday - 11.00am - Sports Building
WORKSHOP.....	Every Monday - 9.00 to 11.00am - Workshop
'XP' SPECIAL INTEREST GROUP.....	1st Thursday each month - 10.00am - Craft Centre



## WINDOW CLEANING - BOOK AT OFFICE

Tuesday ..... 17 & 31 March, 14 & 28 April





## Mulch Deliveries

If you require mulch for your private gardens, mulch will be delivered by the gardeners from Wednesday, 18 March. The mulch will cost \$6.50 per barrow load.

Please place your orders at the front desk detailing if mulch is to be delivered to the front, side or rear of your villa.

Gardeners will leave you with an invoice after delivery which is to be paid at the office.



## Beginners' Bridge

Beginners Bridge lessons will commence 16 April in the Sports Building 9.00am.

Please contact Eric Miller V440.



## ARREARS PAYMENT OF UK PENSION

The British Government is paying to all UK pensioners an arrears payment of the pension for the years 1996/7 to 1999/2000.

If you feel that you may be eligible to receive this arrears payment please collect an information leaflet from the Village Glen Reception.



## Sing Sing Sing

### COME AND JOIN OUR SINGING GROUP

We sing because we love it.

Everyone is welcome.

THURSDAY 2.00PM...

by the piano in the

HUB DINING ROOM

## China Painting

Shirley Mason is interested in hearing from China Painters in the Village who might be interested in starting a small group. If you haven't already contacted Shirley please do so ASAP so a meeting can be organised.

You can contact Shirley on ☎ 5982 3709.

## RRVV BRIEFING SESSION

Monday, 30 March  
10.30am - Dining Room

RRVV, Residents of Retirement Villages Victoria, is a collective voice for all village residents and works to advance their interests by working closely with all involved in the formulation of legislation affecting villages. It provides information and assistance to members to ensure a satisfying quality of life for all village residents throughout Victoria.

This meeting will be addressed by the President and Vice President of the Association, Howard Campey and Charles Adams respectively, and will be of direct interest to all concerned residents of the Village Glen.

Enquiries to Graham Beanland, Villa 478, ☎ 5986 8544.



## ATTENTION NON-SWIMMERS

Have you ever had a bad swimming experience when you were a child or even at some other time in your life?

Several of your fellow residents have taken the plunge to overcome these fears with swimming lessons at the Village provided by one of our residents Elvie Rymer. Elvie has, to her credit, been able to help residents overcome their fear of water and taught these residents to actually be able to swim freestyle.

If you fit into this category and would love to be able to overcome your fear, Elvie will be commencing a new series of swim lessons for non-swimmers commencing on Tuesday, 17 March at 11.00am in the Village pool.



### Scottish Pride

A recent study conducted by Aberdeen University found that the average Scotsman walks about 1500km a year.

Another study by the Scottish Medical Association found that Scotsmen drink, on average, 100 litres of alcohol a year!!

This means, on average, Scotsmen get about 15km to the litre (100km on 6.6 litre).

Kind of makes you proud to be Scottish doesn't it?

Slainté!! (Cheers!)

## FROM THE NURSES

The nurses have been a little quiet in the newsletter recently – but as usual we do have plenty to say!

Please be aware of your need to drink extra water on hot days and try to avoid playing sports in the midday heat. If extreme heat is forecast please arrange to stay indoors. This is very important. The days of extreme conditions and ongoing high temperatures have played havoc with the well-being of many of our residents.

If you are a member of a sporting committee please speak up for the members who need to take extra care of their health. Ensure cool drinks are supplied and encourage rests in the shade. Be the first to speak up to suggest that play is cancelled. Being wise is not a weakness – it is a strength! The nurses challenge you all to show that strength and **STAY OUT OF THE HEAT.**

Its that time of year again – time to get everything in order for the year ahead. Next time you see your doctor, would you please ask them to print off 2 copies of your **current medical history** (first checking that your medications are updated on their computer). Place one copy under your Smartcall phone so we (and potentially ambulance officers) can see at a glance what medical problems you have had. The other copy is for our files if you are happy for us to have one. So next time you're going past the hub just drop the second copy to the nurse's office.

I hope you all found the note of thanks from Kateena in your letter boxes earlier in the year. For those of you who are new to the Village Kateena is Megan's eldest daughter. The Village residents helped raise funds to enable her to travel to Kenya to provide aid for the needy. With the items donated for the garage sales and the fundraisers we held in the Village we raised over \$4,000. She was able to purchase many medical and educational supplies for them and the people of Shikunga send their warm regards and appreciation. There were many items left from the garage sales that I was storing to send to Kenya or for more garage sales next year. However due to the current bushfire tragedy I decided to donate the goods to the Red Cross, Salvation Army and St Mark's Op Shop in Dromana as they are supporting the victims of the bushfires.

And one last word about the fires – smoke in the air is also a hazard to our well-being. If you suffer from respiratory problems please stay inside on smoky days.

Keep safe and healthy!

*Nanette, Mary, Megan, Stan and Miranda*



## Australian Hearing additional hearing services at The Village Glen

Following our very successful hearing screening day in February, Australian Hearing is now providing regular visiting services at The Village Glen two days per month.

In addition to their regular third Wednesday of each month, clinicians from Australian Hearing Rosebud will also visit The Village Glen to provide free hearing screenings and services to eligible clients on the first Friday of each month (commencing in April).

Hearing services are free or subsidised for many Australian pensioners and veterans. Australian Hearing hopes that their visiting site at the Village Glen encourages people to take advantage of the services available to them. For all your hearing needs call ☎ 5982 0799.

# DAYTRIPPER

## & Village Glen, Rosebud

### GREAT OCEAN ROAD DISCOVERY

30 March - 3 April 2009 ... (5days/4 nights)

\$585.00 pp (\$155.00 s/s)

- ☀ The Daytripper will depart the Village Glen on Monday, 30 March, at 8.00am to begin a wonderful 5-day adventure along the world famous 'Great Ocean Road'.
- ☀ You'll spend 5 glorious days discovering some of the natural beauty and 'man-made' features in this fantastic scenic region.
- ☀ Detailed information sheet available at Village Glen Reception.

### WILLIAMSTOWN AND FERRY

*Let's rediscover Williamstown and enjoy a ferry trip to Melbourne*

Monday, 6 April 2009 ... \$33.00 pp

- ☀ The daytripper will depart the Village Glen at 9.00am, to begin a wonderful day-trip to Williamstown, stopping for morning tea en route.
- ☀ We travel through the port area of Melbourne before crossing over Westgate Bridge and travel through Seddon and Newport en route to Melbourne's oldest suburb.
- ☀ Originally drafted as the 'main town' of Victoria, Williamstown has always had a chequered past with a blue-collar, maritime feel, but now, as a suburb that is very close to Melbourne's thriving business district, Williamstown is a much sought after residential area with housing prices reflecting this move back to inner suburban living.
- ☀ We arrive in time for you to wander the main tourist precinct, and enjoy a 'buy your own' lunch (or BYO) before we explore a little more.
- ☀ I'll leave you at Gem Pier, where you'll board a comfortable ferry for the scenic journey back to Melbourne's CBD. I'll be waiting for your arrival at Southbank so you can enjoy a casual and relaxed drive back to Rosebud.

### AFRICAN VIOLETS

Friday, 8 May ... \$35.00 pp

- ☀ The Daytripper will depart the Village Glen at 9.00am to begin your wonderful day-trip stopping for morning tea en route to the African Violet Farm.
- ☀ Welcome to the wonderful world of African violets and lavenders. These beautiful African violets and fragrant lavenders can bring such pleasure and delights. All plants are grown on the property with numerous varieties available for sale all year.
- ☀ Lunch today will be a lovely picnic style lunch made by your hosts and you can enjoy it in the grounds of the farm. There is a gift shop for both plants and other little bits-n-pieces available.
- ☀ We return home via the rolling scenery around Panton Hills and Christmas Hills.

**Bookings and payment for all Daytripper tours at Village Glen Office.**

**QUESTION TO PONDER ...**  
 Do the Alphabet Song and Twinkle, Twinkle Little Star have the same tune?



**KENKEN**  
solution

4	1	2	3 <sub>x9</sub>
2	3 <sub>24x</sub>	4 <sub>4</sub>	1
1	2 <sub>2</sub>	3	4 <sub>12x</sub>
3 <sub>2-</sub>	4	1	2 <sub>7+</sub>



## CROQUET NEWS

Hello again all croqueteers.

Another month goes by, another tournament played - two tournaments actually - we also have a Seniors event to report, but more of that later.

Our monthly 'After Croquet Dinner' was another success with a record number of diners turning out for chicken & chips. Needless to say a big thanks to Bev & Ken for their efforts and lets not forget the ladies 'behind the counter'. So sharpen-up your appetites, you hoop shooters you, cos' they're on again. By the way Marje reckons we could call it 'Twilight Tucker'! How about that?

As mentioned earlier we held another Seniors tournament in February. It was pleasing to see members able to enter a competition when they don't always feel up to a full day event.

Joyce Moore & Val Woodrow played exceptionally well all morning to win this event from Ann Tilbury & Bob Fuller with an outstanding performance in the final.

I must give a special thanks to Rosa Apperley for standing in as a last minute substitute.

Our main event of the month was taken out by Avril Cross & Peter Doyle. With Dianne Ward & Reiner Krause coming second after a 13th hoop play-off. It's Dianne's first visit to winners circle - I'm sure there will be more to come.

The PBL competition was won by Nola Leonard & Ivon Wilson.

That's my lot for this month folks, see you on the greens.

*Regards Peter*

**PLEASE  
NOTE**

**COURSE CLOSED**  
Tuesday, 7 April,  
9.00am - 1.30pm



## GOLF CLUB NEWS

Our new Committee has now settled in and the year is off and running for another successful golf season.

Welcome to all new Committee members with particular thanks to our Captain, Paul Quinlivan who has taken on this very busy job of administrating competition events and keeping us informed of rule changes. Paul, together with Match Committee members, conducted a most informative morning explaining the scoring of Stableford competitions and walking the course to explain out of bounds and other important rules. Another such morning will be held later in the year.

The Bi-Annual visit to Rosebud Country Club is scheduled for Monday 30 March; nine holes of golf in the morning followed by lunch at 1.00pm to which all members and their partners are invited. The booking sheet will be on the board and your choice of lunch, together with payment for golf and lunch or lunch only should be made at the Hub on 16 March between 9.00am & 10.30am. Cheques to be made payable to: 'The Village Glen Residents Committee'.

Many of you will recall the very pleasant day we had last year when the golf section members of the Rye Beach Probus Club were our guests at the Village Glen Golf Club for 18 holes of Ambrose golf at 9.30am followed by lunch at 1.00pm with our respective partners. Such a success was the event that my Probus colleagues are hoping that we can repeat it again in 2009.

After discussion with President Barry and our Jenny, Tuesday, 7 April appears to be the likely date. Twenty Village Glen golfers will mix with 20 Probus Golfers into teams of 4 for a gunshot start at 9.30am. Lunch will follow at approximately 1 p.m with the players' partners invited. More details will follow on our notice board. The Village Glen field will close at 20 players. I am sure we will have yet another successful day.

Would all residents note that the course will be closed for casual golf on Tuesday, 7 April from 9.00am until 1.30pm.

The February monthly medal was won by Brian Lyons who shot 52 strokes through 18 holes from an 18 handicap.

A hole-in-one was accomplished on 7 February by Bob Worthington on the 6th hole on his own day - the Val & Bob Worthington trophy day.

Another hole-in-one was scored by our irrepressible Mary McEwan on 23 February on the 8th hole.

Happy Golfing ...

*John Craig*

## BOWLS REPORTS

### IMPORTANT DATES - LADIES AND MEN

Tuesday, 24 March	Mixed Four competing in the Retirement Villages Association Tournament.
Tuesday, 31 March	Presentation Dinner at 5.30pm. Meet all the Champions of the past season. Entertainment during the evening will be by "Eclipse Duo".
Saturday, 4 April	Sister Carmel Day - 9.30am in Sports Building. All residents have given generously to this day each year. (See page 5) No bowls this year due to green reconstruction.
Sunday, 5 April	The hard fought "Rolling Pin Day" - Men vs Ladies.
Monday, 6 April	FDLBA Delegates Meeting at Flinders. Members wishing to have any matters discussed at the meeting, please contact Pres. Heather or Sec. Julieanne.
Tuesday, 7 & 14 April	Joy Spence Triples at Rye (7 April) and Balnarring (14 April).
Thursday, 16 April	Visit to Pepper Tree Hill Village.
Thursday, 23 April	FDLBA Charity Day. 23.4.09 at Rosebud Country Club and Carrington Park. Single entries accepted.
Tuesday, 28 April	Super Veteran's Day at Dromana. Members eligible for Super Veteran Status this year, please contact Pres. Heather or Sec. Julieanne.
Thursday, 30 April	Ladies Annual General Meeting at 9.30am. All positions are vacant.
Cancelled	The Phyl Numa Day has been cancelled for this year.

### LADIES' BOWLS

Congratulations to Shirley Rolls who is the "State Over 60 Singles District Champion" for this season. Shirley won 3 games at Mt Martha to win her section, then the following week won the final at Rye. The next stage of the State Game was at City of Frankston on 26 February, with Shirley just missing out on a tie break. Great effort Shirley!

At the recent General Meeting we welcomed back Vice Pres. Moira Ware who is progressing well after a stay in hospital.

*Happy Bowling ... Mavis Moss*

### MEN'S BOWLS

#### Pennant Results:

The FBA Men's Pennant season finished on 21 February where Village Glen Division 1, promoted from Division 2 at the start of the season, finished third after occupying either 1st or 2nd position throughout the season. They played a knockout semi final against Main Ridge at RCC on Saturday 28th. They will be knocked out if they lose, or proceed to the Preliminary Final if they win.

Division 2 performed very well considering they were promoted from Division 3 at the start of the season, and they just missed out finishing 5th.

Division 4 won 6 games. Consisting of 8 players they had many changes, as it was in the best interest of all available men to give them a game of Pennant whenever possible.

#### Club Competitions:

The Men's Proportional Handicap final is scheduled for Tuesday, 17 March.

The Mixed Pairs entry closed on 27 February and may not proceed unless entries improve.

Men's Pairs Championship final is on 27 March.

#### Social Bowls:

We encourage members to continue to use the facilities so generously provided by the West Rosebud Club until the end of the season.

#### OBEs

On Tuesday, 17 February, the following Super Veterans were dubbed by Alan Winnett, RVBA Councillor - Ron Bowden, Rob D'Riffle, Eric Florence, Ambrose Machin, Ken Turton and Don Walton (a worthy lot!).

Bendigo Bank: Thursday, 19 February. Monthly overall winners: Elwyn Binfield, John Ware and Max Barton.

Best First Game: Bruce Anderson, Bill Wilson and Laurie Rymer.

Best Second Game: Harry Hutchins, Yvonne Barton, Charles Lugton and Ivan Elvish. 34 members enjoyed dinner at the Hub.

The next game is on Thursday, 26 March - 1.00pm. Bowls followed by dinner.

**DON'T PUT YOUR FIXTURE BOOKS AWAY YET!**

*Harry Hutchins*

## NEW RESIDENTS

**John and Selma Hiscock, Villa 606**, came to us from McCrae where they had lived since 1988. Prior to that they spent 20 years on a hobby farm at Lara where they raised their three sons and one daughter. Now they have 12 grandchildren. John's working career was in accounting and finance and, fitting it in with motherhood, Selma was a nurse. For a number of years John was a driver volunteer with Sister Carmel's Cancer Support Group. He is a bowler and is enjoying establishing their new garden. Selma has joined the water aerobics group and both of them are happily settling in to life in the Glen.

**Burdie Palmer, Villa 335**, moved from South Australia to Victoria 50 years ago. When living in Essendon she and her husband worked intermittently at the Melbourne University on enrolments and when their help was needed in the administration office. Burdie also supervised examinations for many years. They moved to a big sloping block at Rye 20 years ago and now that she is alone it was too much for Burdie and she has joined us at the Glen. She is active with her many craft skills and her three daughters, seven grandchildren and one great grandchild.

**Brian and Dawn Cracknell, Villa 432**, most recently lived on a couple of acres at Baxter. When his working career ended Brian was State Sales Manager for Allens Sweets. Dawn has had a secretarial career. Together they ran a home maintenance business for 18 years. They belong to the Somerville Probus Club. Brian umpired junior football and is playing golf and croquet. Dawn is a golfer and enjoys a variety of craft activities. Between them they have three sons, four daughters and 14 grandchildren. They are looking forward to many more trips in their caravan.

**Ian and Bernadette Nunn, Villa 476**, lived in East Melbourne while Ian was working in nearby hospitals and then retired to Flinders. Now, eight years later, they realised their house and garden were too big for them – hence their move to the Glen where already they have numbers of friends. Before having her children Bernadette did administrative work in the Police Department. Between them they have six daughters, three sons and 21 grandchildren. Both of them are bowlers at Flinders and belong to the Flinders Probus Club. Ian is looking forward to pursuing his interest in water colour painting at the Glen.

### 'Welcome to New Residents' Meeting

Management would like to extend an invitation to all residents who have moved into the Village Glen since December 2007 to an informal morning tea in the Dining Room on **Thursday, 28 May, at 10.00am.**

Management is hoping these gatherings will be beneficial to new residents, assisting them to meet with others and to discuss any relevant issues they may have.

We look forward to seeing as many residents as possible in May.



#### THE BOTTLE OF WINE

For all of us who are married, were married, wish you were married, or wish you weren't married, this is something to smile about the next time you see a bottle of wine ...

Sylvia was driving home from one of her business trips in Northern Arizona when she saw an elderly Navajo woman walking on the side of the road.

As the trip was a long and quiet one, she stopped the car and asked the Navajo woman if she would like a ride. With a silent nod of thanks, the woman got into the car.

Resuming the journey, Sylvia tried in vain to make a bit of small talk with the Navajo woman. The old woman just sat silently, looking intently at everything she saw, studying every little detail, until she noticed a brown bag on the seat next to Sylvia.

'What in bag?' asked the old woman. Sylvia looked down at the brown bag and said, 'It's a bottle of wine. I got it for my husband.' The Navajo woman was silent for another moment or two. Then speaking with the quiet wisdom of an elder, she said: 'Good trade'.

## BACK PAGE

The Babba concert on Saturday night was an unqualified success with a night full of fun, dancing, singing and friendship. What a wonderful concept for entertainment for you all and congratulations must go to Jenny for organising the event and to the Resident's Committee for their support and financial assistance in making this very special night possible. Thank you also to all the volunteers who helped out during the night. I am sorry that I missed such a wonderful occasion, but I am very pleased that so much fun was had by so many residents and their visitors. It appears that this one is going to be hard to top!

In relation to the installation of bores throughout the Village, due to concerns with other suppliers, the only approved supplier now recommended by management for the installation of bores is Borewell. For further details please contact the office.

If a bore is connected to an automatic sprinkler system, then we would prefer you to utilise a dripper system and not sprinklers or micro sprays. We are having on-going problems with the bore water discolouring villas, window frames, columns, letter boxes etc and in some instances the PH of the water induces corrosion on metal fixtures. It also has a considerable adverse affect on your windows making cleaning extremely difficult.

For those residents wishing to water their lawns with bore water, our preference is for soaker hoses connected to a tap rather than reticulated sprays installed in your lawn. The reason for this is wind drift affecting villas as above. It is the advice of management that sprinkler systems and soaker hoses should not be used on high wind days. For those residents hand watering using bore water, please ensure that you do not spray anything other than the vegetation

We are in the midst of completing our Application in relation to re-accrediting the Village Glen under the Retirement Village Association Accreditation Scheme. Part of this process is a Resident Survey which has been included in this newsletter. We would appreciate your feedback and have provided a collection box in the Hub for the return of your surveys. We thank you for your assistance.

We have received a recent report of a man who has been seen around Eastbourne Road (not as yet within the Village Glen) trying to sell a carpet cleaning service. He drives a white van without any distinguishing signage. He has apparently been quite intimidating in gaining access to homes and is asking an astonishing \$800.00 cash to clean carpets of homes not much larger than our villas. It is our advice that residents not admit anyone to your villa uninvited and if you are unsure of the credibility of any service that is being offered, please contact the office immediately, or if after hours press your nurse call. We will assist you in these instances.

Another reminder to our dog owners, that dogs are to be kept on their leads at all times whilst in the Village. This of course includes the golf course and under no circumstances are dogs to be let off their leads on any part of the walking track or golf course. For those residents who use the retractable dog leads, please do not extend the leads to lengths thereby letting them wander up to front doors of villas and into gardens. Please keep dogs beside you at a reasonable distance when walking.

Due to the hot and dry weather, we have had more snake sightings than in previous years. This is particularly true to villas in Stage 5 adjacent to the golf course. We have spoken to Terry, the snake catcher, and he has given us some useful advice. He suggests that when you go outside after dark, that you have all external lights on and that you carry a mobile or a cordless phone with you. If you sight a snake, please contact the nurse on mobile 0419 579 062 or via the nurse call so that Terry can be contacted. Keep an eye on the snake from a safe distance so that when Terry arrives, he knows where to look. Please be suitably attired when working in your gardens, with the proper footwear, gloves and long sleeved shirts. At all times, be careful and please call for assistance.

Please find below the water consumption for February. You will see that for Stages 1, 2 and 3 water consumption is at 219.4 litres per person per day and in Stages 4 and 5, consumption is 248.5 litres per person per day, slightly less than the January figures.

	October	November	December	January 09	February 09
<b>Clusters 1—23</b>	202.9	179.5	191.9	228.2	219.4
<b>Clusters 24—42</b>	251.8	221.8	237.0	294.7	248.5

Until next month. Chas

