

What Goes Around ...

Jean Dobson

April 2009 sees the centenary of the opening of the slipway on Belfast Lough in Northern Ireland that saw the start of the building of the White Star Line ship RMS *Titanic*. Over the next three years, from 1909, there was huge activity as this wonderful ship gradually rose from the slipway and eventually sailed her way into legend.

On the morning of 15 April, 1912, the sinking of the *Titanic* the previous night became headline news around the world. The maiden voyage of the *Titanic* had been seen as a symbol of the advances mankind had made in maritime engineering in the last few years. The ship had been so well constructed it was believed she could sustain any amount of damage, and yet still remain afloat. But, when she struck the massive iceberg in mid-Atlantic, on that fateful night, this belief was shattered.

The Ulster Folk and Transport Museum, on the outskirts of Belfast, contains a huge permanent exhibition to the *Titanic*, with pictorial representations, a sound and light show, together with many artefacts. Now, the Belfast Corporation is planning to create a Memorial Park to the *Titanic*, which will be centred around the original slipway, on the edge of the lough, that was the start of the whole story. This Park is to be ready for the public on the centenary of the sinking of the *Titanic* in April 2012.

There is an Irishman, Drew Cook, who along with his old mate Seamus, visit South Gippsland every year where they work for six weeks at a local quarry. They live just outside Belfast, and they have been coming to Australia for more than 40 years. It so happens that, in the 1950s, the Belfast Corporation had a fire sale of all the remains of the working area which was centred on the *Titanic*. All that was left, after the sale, was the slipway. Drew and Seamus were just young fellows at the time and they went along to this sale, and bought up odd bits and pieces, such as lathes, drills, rivet guns, and other small tools. The Corporation kept records of where all these pieces went.

Now, the Belfast Corporation wants to buy all these pieces back, to put into its new Memorial Park, and it is prepared to pay any price to get them. Drew and Seamus are rubbing their hands together in glee. So, what goes around ... !

Editor for May: **Jean Dobson, Villa 453, ☎ 5986 6595**

Closing date for copy: **Thursday, 30 April, 2009**

 [**newsletter@villageglen.com.au**](mailto:newsletter@villageglen.com.au)





HAPPY BIRTHDAY

MAY

- | | |
|--|--|
| 1 Ken Castley
Silvie Burton | 18 Marjorie Doyle
Eric Baker |
| 2 Ann Tilbury
Beth Jungwirth | Allan Jansen |
| 3 Ted Stewart | 19 Maie Withers |
| 4 Kevin Rutley
Ray Mainsbridge
Bet Turner
Irene Lee
Margaret Brassier
Joyce Allison | 20 Pat Goddard |
| 5 Audrey Sutherland | 21 Kevin Walsh
David Dallas |
| 6 Don O'Halloran | 24 Keith Carmody |
| 7 Ian Bell | 25 Dorey Browne
Norm Morrow
Doreen Woodman |
| 8 Derek Leek
Col McKee | 26 Jan Dimond
Rob Lester
Doug Waters
Val Halliwell
Kathleen Beanland |
| 10 Sue Roughton
Jack Cuthbert
George Lenan
Jean Stewart
Ron Williamson | 27 Doreen Allchin
Irene Barron |
| 11 Yvonne Barton
Phyllis Orchard
Ria Kok | 29 Heather Marsh
Roma Ankers
Val Williamson
Ken Farrow
Franki Farrow
Norma Smith
Trudy Bullivant |
| 12 Pat McDonald
Isabel Rydel
Sally Hughes | 30 Marge Bullock
Alice Cheyne
Stan Hickey
Lorraine Travill
Marjorie Skuse |
| 13 Edna Fisher
Peggy MacGregor
Pene Sampson | 31 Bruce Molyneux
Jill Fletcher |
| 14 Ray Firth
Norma Mehegan | |
| 15 Roy Keefe
Rupert Halliwell
Ursula Krueger | |
| 17 Barbara Barnard
Ellen Bell
Robert Moore
Robin Fraser | |



WELCOME

Barbara Wade	V313
Ted Scallion (from V287)	A1505
John Mulder	A1402
Dick Hutchinson	A1519
Elsie Evans (from V307)	A1413

THANKS

Eva Green, V549, and family would like to thank neighbours and friends for their kindness shown to them on the death of Les. Also to the nurses for all their help at this sad time. He will be sadly missed.

The family of **Margaret Young, V47**, would like to thank her many friends for their support and friendship over the years especially the past three years since John passed away. We are grateful that Margaret was living in a caring environment with neighbours around her who looked out for each other. Special thanks to Sister Carmel and the nurses at the Village. Thank you for the messages of sympathy. We know Margaret is now at peace with John.

Ian & Wynne Moller, V72, would like to thank Nurse Megan, the many friends who phoned or enquired, and our wonderful neighbours in Cluster 3 for their care and concern following Ian's recent rush visit to Frankston hospital. He is back on his feet again after recovering from pneumonia.

WELCOME BACK

It is good to see that two of our Editors, Ian Moller and Ray Kenny, are back in action after a spell in hospital.

BEREAVEMENTS

Ray Garby	Villa 550
Les Green	Villa 549
Joan Page	Villa 497
Margaret Young	Villa 47

Newsletter Contributions



If you write your article by hand please deliver it to either the Editor or the Office.



If you compose your article on a computer please email it to: newsletter@villagelen.com.au

Newsletter editors and Management have the right to correct or edit all articles submitted for publication. They also have the discretion not to insert articles due to newsletter size restrictions or content. Should you have any concerns please speak with Management.



The Village Glen
ANZAC DAY
Commemorative Ceremony

The ANZAC Day Commemorative Ceremony will be held in the Clubhouse on Sunday, 19 April. All Residents are welcome to attend.

Due to the large attendance in the past at our Service, residents in the vicinity of the Clubhouse are requested to make their lawns available for temporary parking. Your cooperation is appreciated.

The March will commence at 2.15pm and will be followed by the traditional ceremony. HMAS *Cerebus* will, once again, provide the Saluting Officer and Catafalque Party.

Any residents requiring transport to the Ceremony are asked to register their details at the Office.

All Ex-Service personnel and War Widows should have received a personal invitation. If you have not, please contact Elaine Travis.

All enquiries to: **Elaine Travis**
 ☎ 5982 1304

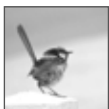
**Why Veterans Cover Their Medals,
 and Not Their Hearts**

When veterans place their left hand over the left side of their chest to honour the fallen, they are not placing it over their heart – they are covering their medals.

This gesture owes its origin to the ceremony in London's Whitehall on Armistice Day, 1920, to unveil the Cenotaph. A funeral accompanying the remains of the Unknown Soldier, which had arrived from France the previous day, was to march past the Cenotaph, then to proceed to Westminster Abbey. The Regimental Sergeant Major of the Guards Regiment conducting the ceremony, decreed that all would salute the Cenotaph as they marched past by placing their hands over their medals – "No matter what honours we may have been awarded, they are nothing compared with the honour due to those who paid the supreme sacrifice," he said.

PHOTOGRAPHER'S CORNER

I am always on the lookout for photo opportunities around the Village for cards or the next DVD.



If you are aware of flowering plants, trees or birds worthy of photographing please give me a call or drop a note in V527 letterbox.



Jeanette

Photographs taken at the following functions are now on display and available to order.

Functions & Events

Babba
 Bowls Presentation Night

DVD (now available)

Village Glen in Action 2008



Jeanette, V527
 ☎ 5946 0057

STOP PRESS

**International Nurses Day
 Afternoon Tea**

Some invitations were incorrect. The day should read **Tuesday**, the date is still **12 May**.

Elaine Travis

dates for your diary ...

Good Friday Service	10 April
Fashion Parade	18 April
ANZAC Day March	19 April
Movie	21 April
Buffet Breakfast	26 April
Ploughman's lunch	2 May
Movie	5 May
French Cabaret Dinner	8 May



MAC USERS GROUP (MUG)

9.30 - 11.30am, Craft Centre
Prospective MAC Users welcome

Tuesday, 14 Apr iPhoto
Tuesday, 21 Apr NO CLASS
Tuesday, 28 Apr iPhoto
Tues, 6 May NO CLASS

Contacts:

John Morris, V463, ☎ 5982 3308
or **Jeanette Marshall, V527, ☎ 5946 0057**



FIDELITY CLUB

Our March meeting was attended by 47 members, with 27 apologies.

Bill Wilson was re-elected as President and Bruce Roberts as Secretary.

After the business of the day was conducted and morning tea taken, President Bill announced that our speaker, George Wilson, was ill and unable to be in attendance. Secretary Bruce (Fitzpatrick travelogue) Roberts, entertained the meeting with a slide show of his trip through the Panama canal and the "Trooping of the Colour" in London. Appropriate music accompanied the photographs, providing an entertaining morning, appreciated by all.

The quarterly dinner was again a huge success and very well attended.

Joy Briant has been in hospital, but is home again now and on the mend.

Rupe Halliwell

FRIENDSHIP CLUB

Thursday, 19 March, was a very happy day. The sun shone, there was a gentle breeze, as fifteen of us sampled the fare at Briggs Shaw Café, Tootgarook.

It was all tastefully and beautifully served, which made us think, "Yes, we will return at a later date."

Our next meeting will be on Saturday, 25 April, 5.00pm to 7.00pm. Hope to see you there.

Elwyn and Ida



*happy
easter
everyone!*

ROSARY



GROUP

For the oncoming month of May, which is dedicated to Mary, residents are reminded that the Rosary is recited on Fridays, at 4.30pm, in the Upstairs Lounge.

Prayer intentions include all residents of the Village Glen, especially the sickies; World Peace; abundant rain, especially in catchment areas; and current thanksgivings and petitions and continuing prayer for bushfire victims.

All welcome to join us.

Rita Ives

U3A classes @ the Village Glen

DISCUSSION GROUP -

"Words of Wisdom" (??)

This group is held in the home of Anne Hunt on the 1st and 3rd Wednesday of each month at 10.00am. The topics for discussion are many and varied from current affairs, ethics, contentment to imagination.

For further information please phone Anne on ☎ 5982 3197.

HISTORY LUNCHES

The next lunch will be 14 May at 12.30pm. Please note this lunch will be held in the **Hub Dining Room**.

Margaret Fisher will give an illustrated talk about her visit to the Galapagos Islands.

New members are welcome. Please bring a plate of finger food to share.

For information please ring Edna on ☎ 5982 3021.



French Cabaret Dinner

Friday, 8 May, 6.00pm, Dining Room

The Village Glen Social Group would like to extend an invitation to residents who are interested in being part of our French Cabaret Dinner.

A three course dinner will be provided along with entertainment by Ced Le Meledo who plays the piano accordion, Spanish guitar and harmonica. Ced will wander through the tables singing

and entertaining you with a variety of instruments.

In addition to this we have a 'surprise act' that is sure to attract the attention of all.

We would like to encourage residents to dress to the French theme to add to the atmosphere and fun of the evening. This is, however not, compulsory.

Bookings will open Thursday, 16 April at 9.00am and close on Tuesday, 28 April. If this function is not booked out after the closing date we will open bookings up to friends of our residents.

The Social Group endeavours to give residents attending our functions a fun-packed night with the best possible entertainment at an affordable price. We do not set out to make any profit but to cover all of our costs only.

Dinner and entertainment will be \$35.00 per head.

Table seating will be for 8 or less, with a limited number of tables for 10.

Any new residents who would like to come along are advised to speak to Jenny at the Office.

Bra Lady to visit again!

Thursday, 30 April & Friday, 1 May, 9.30am



- A large range of brand name bras
- Underwire
- Non Underwire
- Front Fastening
- Sport
- Fashion
- The new comfort bra (with no hooks/fastenings)
- Sizes range from 10A-24G
- Prosthesis Bra Fittings

The Bra Lady, who has 20 years of experience, will personally and privately help you with your individual needs.

This invitation is available for all residents, family and staff.

Cash or cheque payable on the day.

No exchanges or refunds.

Irish Stand-in

A doctor in Ireland wants to get off work and go hunting, so he approaches his assistant. "Seamus, I am going hunting tomorrow and don't want to close the clinic," he says. "I want you to take care of the clinic and all me patients."

"Yes sir," answers Seamus.

The doctor goes hunting, returns the following day and asks, "So Seamus, how was your day?"

Seamus tells him he took care of three patients. "The first one had a headache, so I gave him some panadeine." "Bravo, Seamus, and the second one?" asks the doctor. "The second one had a stomach burning, and I gave him antacid tablets, sir." "Bravo, bravo, you're good at this. And what about the third one?" asks the doctor. "Sir, I was sitting here and suddenly the door opens and a woman bursts into the room. Quick as a wink, she undresses herself, tearing off every stitch of her clothing including her bra and panties, and lies down on the table. She shouts, "Help me, I beg you! It's been five years since I have seen a man!" "Thunderin' Lord Jesus, Seamus, what did you do?" asks the doctor.

"I put drops in her eyes!"

COMPUTER

CLUB

At our last Computer Meeting, on 20 March, we investigated some of the amazing things you can get from Google. As well as the unlimited range of Internet sites containing information, you can avail yourself of a huge number of pictures on any subject you can think off. For example, by clicking on Images, and typing in Crown Jewels, you have access to more than 1.5 million photos of the crown jewels.

Try this by typing in Christmas, Dogs, Tigers, etc., and be astounded by the results. If you click on Maps, and type in an address where you have lived in the past, you will see a picture of the house, and be able move along the street to see other properties. You can also look into the content of books and magazines, and even translate between languages. If you come to our monthly meetings, we can demonstrate these things and we can all learn a little more about our computers.

Our next Computer Meeting is on Friday, 17 April, at 10.00am in the Craft Centre.

Our next XP Meeting will be held on Thursday, 7 May in the Craft Centre at 10.00am.

Ivan Elvish

THE VILLAGE SHOP

"YOUR OWN CONVENIENCE SHOP AT SUPERMARKET PRICES"

We welcome our new residents to the Village, and hope you will visit us often. The shop functions to provide a service to our residents, but also the profits we make are given to the Residents' Committee to benefit us all. To refresh your memories (even our long-term residents), in recent years, the Committee has assisted our nurses by providing a lifting chair, a defibrillator, an up-to-date thermometer, a Glucometer for monitoring blood sugar, and a new blood pressure monitor. These examples are only a sample of what the Committee supports. Also, the Committee subsidised the cost of "Babba", and more than 400 people enjoyed that concert so much. The Anzac Service is a special day each year, and is one the Committee organises with great pride. The hot-cross buns for the Good Friday Service, and also, provisions for the organisations which use the Craft Centre and Sports Building are replenished by the Committee. Our nurses are able to go into the shop to obtain necessary food for residents who are discharged from hospital and arrive home without being able to shop for themselves. All these services are provided because you, the residents, continue to support us. Our thanks to our many volunteers who keep the shop door open, and we always welcome new volunteers.

To all of you who are going to warmer climes this winter, a safe and happy holiday, and we will see you when you return.

Graeme Hindson

NEXT MOVIE

Tuesday, 21 April, 2.00pm

"Australia"

Starring: Nicole Kidman and Hugh Jackman

NOTE: Starting time 2.00pm
as this movie runs for 175 minutes.

You may wish to bring you own refreshments and a cushion.

AFTERNOON

TEA MOVIE

Tuesday, 5 May

Coffee and cake served at 2.00pm,
the movie commencing at 2.30pm

"Casablanca"

(A Golden Oldie)

Starring Humphrey Bogart and Ingrid Bergman.

SATURDAY NIGHT LOUNGE

Saturday, 18 April, 6.00pm

Craft Centre

The Easter Bunny will be hop, hop, hopping along to Saturday Night Lounge in the Craft Centre on Saturday, 18 April, at the new time of 6.00pm, so come along and enjoy an evening with friends.

There are prizes to be won for the best male and female Easter Bonnet in our Easter Parade. So let your imagination go wild and get fixing those bonnets.

BYO drinks and nibbles or dinner if you prefer. Remember, a 20c donation per person is requested to offset costs.

Enquiries to Elaine Cleaver
Villa 162, ☎ 5986 8982

THANKS

On Behalf of the Residents who attend Saturday Night Lounge we would like to thank **Noel Dobson, Kevin Rutley, Peter Cook and Ian Lardner** and their respective partners for their work over the last 12 months in organising our Saturday nights' entertainment. Your efforts have been very much appreciated by us all, thank you !

Elaine and Ray Travis



PRIDE AND PREJUDICE WEEK

Tuesday, 2 June to Thursday, 4 June

Re-live the romance and drama of Andrew Davies' lavish adaptation, starring Colin Firth and Jennifer Ehle.

In this lavish adaptation of Jane Austen's classical romance, Elizabeth Bennett is a strong-willed yet sensible young woman in a well-off but lower-class family with four sisters, a long-suffering but loving father, and a mother anxious to marry them to wealthy young gentlemen. At a local ball, she encounters one such wealthy young man, Mr Fitzwilliam Darcy - and as Mr Darcy is arrogant, cold and rude, it is hatred at first sight. As her older sister Jane falls in love with Mr Darcy's best friend, Mr Bingley, and her youngest sister Lydia flirts with anyone in a military uniform, Lizzie finds herself fighting off the attentions of the unctuous Mr Collins and being quite taken by the charming Mr Wickham - who also happens to be an enemy of Mr Darcy. However, as the characters succumb in many ways to pride and prejudice, Lizzie learns that not all is quite as it seems - and that Mr Darcy might not be so disagreeable after all.

The Village Glen is holding a 3-day screening of this enjoyable series.

Each day, two episodes will be screened, commencing at 11.00am, with the first episode of the day. An hour break for lunch at 12 Midday, will be followed by the next episode, finishing around 2.00pm.

All residents are invited to watch "Pride and Prejudice", with free tea and coffee available each day.

If you wish to partake of the light lunch available, bookings should be made at the Village Glen Reception by 4.00pm the day prior.

The lunch menu will be published in next month's newsletter.

The lunch cost is \$7.00 and is payable on the day.

HOW MANY LEGS?

In our street lived 7 people.
 Every person had 7 hutches.
 In every hutch there were 7 big cats.
 Every big cat had 7 small cats.
 Every cat had 4 legs.



How many legs in the street?



Solutions page 11



Heart Week 2009

The Village Glen is participating in Heart Week 2009, held on Friday, 8 May. Being involved is easy – simply dress red and give freely.

Travis Ellis is organising a display stand in the Hub, where you can find information, and make a donation, between 9.00am and 5.00pm on this day. Receipts will be given for donations more than \$2.00, for tax purposes.

The theme this year is "Go Red for Women". Many people don't realise that heart disease kills more than four times as many women than breast cancer.

The Heart Foundation promotes "5 ways to love your heart":

- ♥ Have regular heart checks.
- ♥ Get to know your numbers: cholesterol level, blood pressure and waist measurement; and check these regularly.
- ♥ Go smoke-free.
- ♥ Enjoy healthy eating.
- ♥ Be active every day – at least 30 minutes on most days of regular, moderate activity.

Don't forget – Dress Red

Friday, 8 May

Travis Ellis
 Heart Foundation Coordinator
 Rosebud Area
 Enquiries: Villa 400, ☎ 5986 8473



KENKEN

4	24x		2-
6x			
	2÷		2÷
12x			

Each 4x4 puzzle must contain the numbers 1, 2, 3 & 4 in each row and each column.
 The other rule is that in each 'block', which has a thick line around it, the target number in the top left-hand square of the block is calculated from the numbers in all the squares of that block, using addition, subtraction multiplication or division.

☆☆☆ eat, drink and be merry ☆☆☆

EASTER TRADING

DINING ROOM AND CAFÉ

The Café will be closed Good Friday and Easter Monday. There will be normal trading Easter Saturday and Easter Sunday.

FRIDAY NIGHT DINNERS

Friday night dinners will be **transferred back to the Clubhouse from Friday, 17 April**. Dinner booking times are available from 5.30pm onwards.

In order for dinner to take place every week, residents are asked to book as early in the week as possible. If we do not have sufficient numbers by Thursday afternoon, it may be necessary to cancel the dinner due to financial reasons. The weekly Friday Night menu is on display at the front counter. There will be additional special items on the menu each week.



MOTHERS' DAY

Sunday, 10 May

Café closed for Lunch

Open for Morning and Afternoon Teas

Morning tea 10.30am – 12.30pm

Afternoon tea 2.00pm – 4.00pm

Selection of finger sandwiches

Mini quiches, mini sausage rolls

Homemade scones with cream and jam

Cup cakes, chocolate mudcake, lemon slice

Selection of homemade biscuits

Tea and coffee

Bookings are essential

PLOUGHMAN'S LUNCH

Saturday, 2 May

12.00noon - 2.00pm

Book now, to avoid disappointment.

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www.glasbergen.com



"I'm going to order a broiled skinless chicken breast, but I want you to bring me lasagna and garlic bread by mistake."



"And what would you suggest, Mr. Smartie Pants?"

TAKE AWAY MEALS

A reminder to all residents that Takeaway Meals are available to purchase from the Dining Room on Wednesday, Thursday and Friday evenings. Takeaway containers are provided by the kitchen. Should you wish to arrange for a takeaway meal you need to phone the Village Reception on 5986 4455 between 1.00pm and 4.00pm that day. Reception will be able to advise you of the evening's menu when you phone.

Takeaway lunches are also available everyday from the Clubhouse Café. You can phone the Café direct on ☎ 5982 3161 prior to 11.30am each day to arrange your meal.

Social Calendar

AFTERNOON MOVIE.....	Tuesday, 21 April & 05 May - The Hub
APARTMENT RESIDENTS' MEETING.....	Quarterly - Next date to be advised
ART CLASS.....	Every Wednesday - 1.00pm - Craft Centre
AUSTRALIAN HEARING.....	1st Friday & 3rd Wednesday each month - The Hub - ☎ 5982 0799
BOOK CLUB.....	4th Wednesday each month - 1.30pm - Clubhouse
BOWLS	See Noticeboard in Sports Building
BRIDGE.....	Every Friday - 1.00pm - Sports Building
BRIDGE, EVENING	Every Tuesday - 7.00pm - Sports Building
CAFE - BUFFET BREAKFAST	Last Sunday of month - Clubhouse Cafe
CAFE - PLOUGHMAN'S LUNCH	1st Saturday each month - 12noon - Clubhouse Cafe
CIRCUIT TRAINING.....	See Noticeboard in The Hub
COMPUTER CLUB.....	3rd Friday each month - 10.00am - Craft Centre
CONCENTRATION.....	Every Saturday - 7.15pm - The Hub
CRAFT.....	Every Monday - 1.30pm - Craft Centre
CRAZY WHIST.....	Every Wednesday - 1.00pm - Upstairs Lounge
CROQUET	Played six days per week - ☎ 5982 1045
DEVOTION.....	Every Tuesday - 9.30am - The Hub
FIDELITY CLUB MEETING.....	1st Tuesday each month - 9.30am - Craft Centre
FRIENDSHIP CLUB.....	4th Saturday each month - 5.00 to 7.00pm - Craft Centre
GOLF COMPETITIONS (Shot Gun Start).....	Monday - 1.30pm, Wednesday - 2.30pm, Friday - 2.30pm
INDOOR BOWLS	Every Thursday - 1.00pm - Sports Building
HOLY COMMUNION.....	1st Friday each month - 9.30am - Upstairs Lounge
LINE DANCING.....	Every Saturday - 2.30pm - The Hub
'MAC' USERS GROUP	Refer to newsletter item for dates - 9.30am - Craft Centre
MAHJONG & RUMMIKING.....	Every Monday - 1.00pm - Sports Building
MASSAGE THERAPY.....	Every Wednesday & Thursday - Clubhouse - ☎ 5975 4037
MEDICAL TAXI.....	Mondays 2.00 to 6.00pm. Confirm appointment with Office
NEW RESIDENTS' MEETING	Last Thursday of odd-numbered months - 10.00am - The Hub
PETANQUE.....	Every Monday - 9.30am - near the Lake
POTTERY.....	Every Monday - 9.30am - Craft Centre, kiln firing Thursday
RESIDENTS' COMMITTEE MEETING	Thursday, 7 May - 9.30am - Upstairs Lounge
RESIDENTS' MEETING	Wednesday, 13 May - 7.30pm - Sports Building
ROSARY.....	Every Friday - 4.30pm - Upstairs Lounge
SATURDAY NIGHT LOUNGE.....	3rd Saturday each month - 6.00pm - Craft Centre
SNOOKER - MENS.....	Every Monday, Wednesday & Saturday - 12 noon
SOCIAL GATHERING & AFTERNOON TEA....	Every Thursday - 2.00pm - Upstairs Lounge
SOLO.....	Every Tuesday - 1.00pm - Upstairs Lounge
STRENGTH BALL TRAINING.....	Every Friday - 11.00am - Sports Building
SWIMMING LESSONS - BEGINNERS.....	Every Tuesday from 11.00am - Pool closed until 12 noon
TABLE TENNIS.....	Wednesday & Friday - 8.30am - Sports Building
TAI CHI CLASS.....	Every Monday - 9.15am - Sports Building
TAI CHI EXERCISE.....	Wednesday, 7.00am, & Friday, 7.30pm, Sports Building
U3A - WORDS OF WISDOM.....	1st & 3rd Wednesday each month - Anne ☎ 5982 3197
U3A - HISTORY LUNCHES.....	2nd Thursday each month - 12.30pm - Craft Centre
WATER AEROBICS.....	Monday & Thursday - See Noticeboard in The Hub
WEIGHT-BEARING EXERCISE.....	Every Monday - 11.00am - Sports Building
WORKSHOP.....	Every Monday - 9.00 to 11.00am - Workshop
'XP' SPECIAL INTEREST GROUP.....	1st Thursday each month - 10.00am - Craft Centre



WINDOW CLEANING - BOOK AT OFFICE

Tuesday 28 April, 12 & 26 May



Bhutan – Kingdom of Happiness

Bhutan is a tiny kingdom of 7 million people, sandwiched between China, Nepal, India and Tibet. It has been virtually closed to the world for centuries. Even today, one must travel in a group when visiting the country. The former King, who was a very forward-looking monarch, abdicated last year in favour of his son. He felt that Bhutan should take its place in the modern world. He married four sisters, who live in separate palaces, and had eight children.

Education is compulsory, and there is a university. Poverty is unknown, as everyone works. Houses are mostly two-storey, made of mud brick, and then plastered. The windows and doors are decoratively carved in wood. Sometimes, the ground level is a shop and the family lives upstairs. Most families have a separate prayer room in their home. People are very friendly, and love to talk and be photographed, which is unusual. The markets are fascinating. In the market square, all goods from kitchen ware to vegetables and musical instruments are laid out on the ground, and the vendors sit under pretty floral umbrellas to shield them from the heat. In Wangdo, two petrol pumps were set in the middle of the square, and trucks and cars had to weave their way through all the clutter. Taktsang Monastery, the Tiger's Nest, stands on the side of a cliff 1000 metres from the valley floor. Legend tells that a Tibetan monk, Guru Rinpoche, flew from Tibet on the back of a tigress and built the temple, from where he hurled thunderbolts and conquered demons.

It is possible to walk up to the Tiger's Nest, but the track is very treacherous, or you can ride a horse with no reins, just hang on to the mane! Monkeys scuttle about through the bamboo, and prayer flags are everywhere. The Bhutanese are Buddhists, and very religious and courteous.

The main road travels across the country from east to west, through magnificent scenery, climbing to 4000 metres through fields of red rice and buckwheat, then forests of pine, hemlock, maple, oak and rhododendron. Deep ravines fall away from the crumbling edges of the narrow road, and waterfalls crash over you so you get a free car wash. The road goes down, down, down through the dark forest, skirting rock falls and washaways, while the guide tells legendary stories of monsters and demons who lived in the forest and could turn lone travellers into animals or even make them disappear. This was to distract one while traversing this road. Journeying on the Bhutanese roads is not for the faint-hearted!

Wynne Illingworth

SUDOKU

	7		6	1			4	
3	6	8	4	7			5	
		4	3		8		6	
5			7		1			4
8			9	3	4	5	2	
			2	6	5	8	1	
	5	3	1	4				
	8	7		2	6	9		
6					3			5



Sing Sing Sing

VILLAGE VOCALS

If you sing in the bath, or warble in the shower, why not come and join us for a happy hour?

You don't have to be a Caruso or even a Vera Lynn. We sing to be happy and go home with a grin!

Every Thursday, at 2.00pm, in the Dining Room.

Contacts:

Pam Greve ☎ 5981 2353, or

Ian Lardner ☎ 5982 1612

Sunday's Lesson

A Minister decided that a visual demonstration would add emphasis to his Sunday sermon.

Four worms were placed into four separate jars. The first worm was put into a container of alcohol. The second worm was put into a container of cigarette smoke. The third worm was put into a container of chocolate syrup. The fourth worm was put into a container of good clean soil. At the conclusion of the sermon, the Minister reported the following results:

The first worm in alcohol – dead.

The second worm in cigarette smoke – dead.

The third worm in chocolate syrup – dead.

The fourth worm in good clean soil – alive.

So, the Minister asked the congregation, "What did you learn from this demonstration?"

Maxine, who was sitting in the back, quickly raised her hand and said, "As long as you drink, smoke and eat chocolate, you won't have worms!"

That pretty much ended the service.





KAY'S FASHION PARADE Autumn Collection

2.00pm Saturday, 18 April
in the Dining Room

The Fashion trends for Autumn 2009 will feature RED, which will go with black navy and grey. Aubergine and berry tones as well as blues are back.

We have a selection of fleecy tops, printed blouses and pants. Silky look vests and knitwear are also featured.

Watch out for our marked down summer specials.

Enquiries:

Maureen McKenzie ☎ 5986 7159
Avril Cross ☎ 5981 1277



ShoeGoGo

Friday May 22, 10.30am

Dining Room

Largest mobile shoe store in Australia!

Comfort comes to you at The Hub

ShoeGoGo will be in the Village with its new winter shoe range on Friday, 22 May from 10.30am. offering a unique service with an experienced consultant fitting the shoes.

Your feet are measured for accurate size and comfort. Most styles are available on the day, with a large selection of styles to suit orthotics.

Appointments are necessary and are to be made at the Village Reception.



KENKEN solution

There were 10,990 legs in the street.

2	3	4	1 12x
4 2÷	1	2 2÷	3
3	4	1	2 x9
1 -2	2	3 24x	4 4

MISSING!



BOOKS FROM OUR LIBRARY

Some of the most sought after books in our library appear to be on the Missing List.

Therefore we are asking that you all check your bookshelves for the following titles:

The Kite Runner	Khaled Hosseini
The Other Boleyn Girl	Philippa Gregory
The Boleyn Inheritance	Philippa Gregory
The Virgin Lover	Philippa Gregory
The Other Queen	Philippa Gregory
Pillars of the Earth	Ken Follett
Silver Wattle	Belinda Alexander

If you have a copy of any of the above books that you no longer require we would really appreciate it being donated to our library.

Flack, Fighters and Flyers **Keith Stevens**
(Non Fiction)

Sadly this book is also missing. Keith Stevens, one of our residents, wrote of his amazing experiences during WW2. We would really appreciate this book being returned as soon as possible as it has been requested by many residents.

Anne Byrne ☎ 5986 5579
Maree Whelan ☎ 5982 3435

WORKSHOP GROUP

Our seventh AGM was held on 19 February, with 28 members present.

Nurse Megan Scott spoke to us on "Safety in the Workshop", and her comments were well received. Don Mackey was voted in as President for a fifth year, with Rupert Halliwell as Vice President. Jim Patrick stood aside as Secretary/Treasurer, due to family commitments, and Elsie Bradley offered to become Treasurer. The Committee for this year will comprise: Rex Bell, Howard Marsh, Jim Patrick, Bruce Smith and Dave Thomas.

We were sorry to learn of the passing of Eric Evans, and Rex Bell and John Piening attended his funeral, representing the Workshop Group.

Congratulations go to Roy Collier on reaching his 90th birthday. Roy is an active member of our Monday morning sessions.

Don Mackey

China Painting

A meeting for those interested in China Painting will be held on 20 April, at 10.30am at Villa 174.

Contact Shirley
☎ 5982 3709

GOLF CLUB NEWS

The column for this month must kick off by listing the hole-in-one achievers during March. Would you believe, no less than six aces were scored by the following members:

- Ivan Cross holed out at the third on 6 March
- David Nilsson on the fourth on 9 March
- Kevin Rutley on the sixth on 18 March, together with Val Worthington – same hole, same day
- John Skinner on the fourth on 25 March
- Doug Garnham on the fourth on 27 March.

Each player is presented with a trophy with the hole-in-one ball mounted, together with a photograph very professionally framed by Cyril James.

During past years at the Glen we have averaged seven or eight holes-in-one in twelve months. This year we have already achieved that number. I hesitate to say whether we would achieve such a performance ever again. Tempting fate! Congratulations to all.

Another coincidence has occurred with Brian Lyons winning the March medal with a net 52 strokes from his 14 handicap, after winning the February medal with the identical score – only on a slightly higher handicap of 18. Well done, Brian.

There was a very interesting match played on 23 March between the President's and Captain's teams, the Captain's Team running out victorious. Did I hear a whisper that the Captain's team was "stacked" by the inclusion of the best lady players? Must have been started by the President!

No doubt the Bi-Annual visit to Rosebud Country Club, held on Monday 30 March, was as usual a resounding success. Captain Paul was going to conduct a new style of handicapping and it sounded very competitive – especially for the Rosebud Country Club non-members.

Preparations are well in hand for the visit by our Rye Beach Probus friends, and they are certainly looking forward to their day on Tuesday, 7 April. Last year was a success, and our visitors left very impressed by the course and all the other activities we enjoy.

Lastly, I have been asked to alert you all about the presence of the black slime appearing on the fairways and the garden beds, particularly on the garden adjacent to the fifth green. If you lose a ball in that garden bed better to forget it rather than risk slipping on the slime and having a nasty fall. My spy tells me a certain lady member had a nasty fall, was assisted to her feet by two kind members, while the fourth member of the group looked on. When asked why he had not helped, he replied "I was looking for a camera!"

We have been having superb golfing weather, but we do need rain and more rain. Here's hoping it will happen very soon. Meanwhile, happy golfing.

John Craig

CROQUET NEWS

Hello again all croqueteers

Our tournament on 14 March was transferred to the following week due to rain. Hard to believe but it's true, it has only happened twice and both times it was this season. There were 28 players, and congratulations to the winners, Mary Ryan and Ann Summers, with Sheila Fallon and Ivon Wilson runners up. PBL awards to Peter Doyle and Mary Cahill.

The April tournament will be on Saturday, 11 April at 9.00am. Our Easter Raffle will be drawn at afternoon tea. See Mary Ryan for tickets.

The Crazy Croquet and Twilight Dinner will begin at 3.00pm on Friday, 24 April, and members who have played previously will remember how enjoyable it was. Our special dinner will be Ken's famous carvery and salads with all the other great accompaniments, and will be served at 5.45pm. So look forward to a great night of fun and food.

We continue to welcome new members who are playing croquet and attending our various functions, and along with the efforts of our catering team and the fellowship among all members, our Club continues to prosper.

Our thoughts are with any members that are unwell, and we hope you have a sustained recovery.

Regards Peter

BOWLS REPORTS

LADIES' BOWLS

Please note: Ladies Annual General Meeting will now be held on Tuesday, 21 April, at 9.30am, in the Sports Building. There will be a breakup luncheon after the meeting in the Clubhouse at 12 noon. (Please add your name to the list on the notice board if you wish to attend the luncheon.)

The FDLBA Charity Day is on Thursday, 23 April, at Carrington Park and Rosebud Country Club. The charity to be supported this year is the Southern Peninsula Cancer Support Group. If you wish to play bowls on this day, would you please add your name to the list on the noticeboard.

Super Veterans' Day is on Thursday, 30 April, at Dromana. If you are a Super Vet, please come along and enjoy a great day. (See the list on the notice board.) Members eligible for Super Veteran Status this year, please contact President Heather ☎ 5986 6772, or Secretary Julieanne ☎ 5986 7220.

It has been a good year for Shirley Rolls. After her success in the "Over 60s Singles" (District Champion), Shirley has now won the Village Glen Ladies Proportional Handicap. Joy Ball was runner-up. Congratulations to both Shirley and Joy.

Congratulations also to two of our popular members – Dot and Andy Kennedy - who celebrated their 60th Wedding Anniversary recently with family and friends. Both Andy and Dot still enjoy playing bowls and we wish them many more happy years together in the Village Glen.

Happy Bowling ... Mavis Moss

MEN'S BOWLS

Pennant Results: Congratulations to our Men's (and Ladies') Pennant Teams, and reserves, for their efforts in Season 2008-09. Div. 1 were 3rd, and knocked out in the Preliminary Final; Div. 2 were 5th; and Div.4 were 8th.

Club Competitions: The Men's Proportional Handicap was won by Ambrose Machin, with Ken Woodrow as runner-up. Men's Pairs Final was to be played on 27 March between Howard Marsh and Max Barton versus Clarry Webb and David Nilsson.

Social Bowls:

The Chas. Jacobsen Trophy ...

was played on Saturday, 21 March. Charles Lugton did a great job securing 36 players at short notice because of the change of date – 23 from the Village Glen plus 13 West Rosebud members. The overall winners were Harry Hutchins, David Thomas and Julieanne Slattery (Skip).

The final game will not be played on 19 April (Anzac Sunday). Watch the noticeboard for a possible alternative date.

Bendigo Bank Bowls/Dinner, Thursday, 26 March

Overall winners: Bruce Anderson, Bev Stevenson and Max Barton.

Best First Game: Ian Lardner, Nancy Wharfe (West Rosebud) and Bill Nicholson.

Best Second Game: Gordon Barnard, Ruth Quinlivan and Laurie Rhymer.

There were 17 players and 29 sat down for dinner at the Hub after the game. The next Bendigo Bank Bowls/Dinner commences at 1.00pm on Thursday, 16 April. Everyone wins something from our friendly Bank.

The visit to Peppertree Hill Village on 16 April has been cancelled.

Monday, 27 April, 11.00am. Men's Triples and BBQ lunch.

Don't forget to support the weekly Indoor Bowls in the Sports Building, organised by Derek Chaplin.

Special Events

The FBA Super Veterans' Day, Friday, 20 March, West Rosebud Club. This happy event included 21 OBE's from the Village Glen who enjoyed a very pleasant day in all respects. President Les Pratt welcomed the players, with special thanks to the sponsor – Bendigo Bank. The Bank has been very generous in its support of so many bowls clubs around the Peninsula.

The Past Presidents' Association of Victoria Annual Novice Pairs game. The Village Glen will be represented at the game, to be held at the Mornington Civic Bowls Club, on Sunday, 26 April.

Annual General Meeting, will be held on Thursday, 30 April, at 1.30pm. All members are encouraged to attend the meeting. We have the talent and experience in our midst to ensure a full team of office bearers for Season 2009-10. It should be a good year.

*A Happy Easter to all
Harry Hutchins*



What is an APRON?

I don't think our kids would know what an apron is ...

The principal use of Grandma's apron was to protect the dress underneath but, along with that, it served as a pot holder for removing hot pans from the oven.

It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.

From the chicken coop, the apron was used for carrying eggs, fussy chickens, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal places for hiding shy kids.

And when the weather was cold, grandma wrapped it around her arms.

Those big old aprons wiped many a perspiring brow, bent over the hot wood stove.

Chips and kindling wood were brought into the kitchen in that apron.

Betty Pollock



Is your blood still circulating?

You are invited to attend a talk given by our special guest speaker from Advanced Lifestyle International.

The topic of the presentation is:

“Your blood circulation and how it is affected as we get older.”

Excellent Speaker with fun prizes.

Friday, 24 April 10.30am

Dining Room

Please book at Office.

DAYTRIPPER

& Village Glen, Rosebud

THE CARMELITE MONASTERY and MELBOURNE EXPLORER

Tuesday, June 23 ... \$22.00 pp

- ☼ The Daytripper will depart the Village Glen at 9.00am and set out on our adventure for the day.
- ☼ Morning Tea will be served at the Carmelite Monastery.
- ☼ Your hosts will take you on a journey that this Order has been experiencing for more than 800 years. Stories of their history, 'way of life', and future are explained in quiet, sweet voices.
- ☼ Visit the Chapel with ornate and interesting features and feel free to ask questions about their monastic vocation (which calls them to live apart from the world, but nevertheless, love life).
- ☼ Lunch is BYO, which we can enjoy in the lovely surrounds of the Fitzroy Gardens. If you prefer, you can purchase something at the kiosk.
- ☼ After lunch, we board the Melbourne Explorer Bus Shuttle to re-discover what has changed (and what hasn't!) around our beautiful State capital. Relax in comfort as the driver provides information and interesting commentary. A great way to see Melbourne.

AFRICAN VIOLETS

Friday, 8 May ... \$35.00 pp

- ☼ The Daytripper will depart the Village Glen at 9.00am to begin your wonderful day trip stopping for morning tea en route to the African Violet Farm.
- ☼ Welcome to the wonderful world of African violets and lavenders. These beautiful African violets and fragrant lavenders can bring such pleasure and delight. All plants are grown on the property with numerous varieties available for sale all year.
- ☼ Lunch today will be a lovely picnic style lunch made by your hosts and you can enjoy it in the grounds of the farm. There is a gift shop for both plants and other little bits-n-pieces available.
- ☼ We return home via the rolling scenery around Panton Hills and Christmas Hills.

Bookings and payment for all Daytripper tours at Village Glen Office.

NEW RESIDENTS

June Johnston, Villa 604, was born in Mornington and married a Sorrento man which makes her a dyed in the wool 'Peninsula person'. For 18 years June and her husband operated the supermarket in the main street of Sorrento. Both of them were good tennis players. She has worked at one thing or another all her life as well as raising two daughters. Now there are six grandchildren. June still has her property at Cape Schanck and uses her ride-on mower to keep the 32 acres tidy. When she gets some spare time June plans to join in water aerobics but at present she is encouraging her garden of mainly roses.

Jan Adrian, Villa 195, came to us from Croydon as she has family in our area. Jan started her working career in Max Factor cosmetics and was poached by Channel 7 to be in charge of make-up. Seven years later again she was poached, this time by the Nine Network, and after 30 years in the television industry retired as Nine's Director of Make-up. Jan has worked with many well-known personalities - Bert Newton, Don Lane and Paul Hogan to name a few. When Paul took his show overseas Jan travelled with him. Working in that industry, where the working hours are very different, left little time for other pursuits but she has many an interesting tale to tell.

'Welcome to New Residents' Meeting

- Management would like to extend an invitation to all residents who have moved into the Village Glen since December 2007 to an informal morning tea in the Dining Room on **Thursday, 28 May**, at **10.00am**.
- Management is hoping these gatherings will be beneficial to new residents, assisting them to meet with others and to discuss any relevant issues they may have.
- We look forward to seeing as many residents as possible in May.

Management

*Want to know more about the Budget
and Pensions ?*

Concerned about the global financial crisis?

Come to The Village Glen

FINANCIAL FORUM

Thursday, 14 May 2009, 9.30 - 11.30am
the Hub Dining Room

SPEAKERS

BARRY HEEPS

*Financial Information Officer
Centrelink Mornington*

- The new Federal Budget & Seniors issues
- How to react to the Global Financial Crisis
- How Centrelink may be able to assist you

SPEAKER (to be confirmed)
Beyond Blue

- How to handle feelings of insecurity and uncertainty

GARY SANFORD

*Regional Manager
Bendigo Bank*

- The community bank and how it can help

Question Time
Panel to respond

Brochures available at forum from

Centrelink, Bendigo Bank, Beyond Blue, MPS A&DC Support Services, Seniors Victoria Information, COTA, Seniors Abuse & Seniors rights, State Trustees.

Forgetter Be Forgotten

My forgetter's getting better,
But my rememberer is broke
To you that may seem funny
But, to me, that is no joke

For when I'm 'here' I'm wondering
If I really should be 'there'
And, when I try to think it through,
I haven't got a prayer!

Off times I walk into a room,
Say 'what am I here for?'
I wrack my brain, but all in vain!
A zero, is my score.

At times I put something away
Where it is safe, but, Gee!
The person it is safest from
Is, generally, me!

When shopping I may see someone,
Say 'Hi' and have a chat,
Then, when the person walks away
I ask myself, 'who the heck was that?'

Yes, my forgetter's getting better
While my rememberer is broke,
And it's driving me plumb crazy
And that isn't any joke.



BACK PAGE

The staff and I wish you all a very happy and safe Easter, whether you spend it here at the Village Glen or with family and friends.

A quick update, particularly for those residents who abut the creek. Melbourne Water are currently undergoing a property survey to determine neighbouring boundaries. Once that has been completed, they will be doing a species, flora and fauna, survey which we believe will lead to the preparation of a Conservation Plan. The aim of this plan is to reinforce the native environment. This is being done at no cost to the Village Glen, as the creek is the responsibility of Melbourne Water and it is their funding which contributes to any works being done. We have had some feedback recently, via the survey, that there is some dissatisfaction amongst our residents with the current state of the creek. We wish to highlight that this is the responsibility of Melbourne Water and we are guided by their requirements, practices and funding allocation.

A request to residents, that should you have an insurance matter, to please lodge all claims with Robyn in the office. We ask that you not contact our broker directly.

We note that, as per our Contract, the lawn mowing has now moved to three weekly cuts, with the next cut due on the 20 April. We have had some complaints from residents who were dissatisfied with the length of the grass prior to the last cut which commenced on the 30 March. This is due, in part, to the move to three weekly cuts but also to the amount of rain that we had in the preceding two weeks. We have contracted the lawn mowers to 22 cuts a year, and as per normal, it is at this time of year that the distance between cuts is extended. We ask for your patience during this transition period.

Whilst on lawn mowing, we have been advised that the grass in Stage 4 has been cut a little higher during the last cut to try to regenerate the growth. A final plea from the lawn mowers, that all residents please remove cars, rubbish bins, hoses, pots etc from the lawns whilst the lawn mowing is in progress. Your co-operation would be appreciated.

Maree has now begun the re-testing of the nurse call points which are located in the bathroom, toilet and spare bedroom. If you recall some six months previously, Maree attended your villas and tested these wireless points, which are battery operated, and are required to be tested manually. We have recommenced this regime of manual testing and will do so again in approximately another six months. By then, we believe every battery will have been tested and replaced, and we will then embark on a yearly testing procedure. Maree will forward a notice of her intention to visit your cluster for this testing. Please alert the office if you do not wish Maree to gain entry if you are not home. If this is the case, please ensure that you are available at the time specified in the notice.

Please find below the water consumption for March. You will see that for Stages 1, 2 and 3 water consumption is at 220.1 litres per person per day and in Stages 4 and 5, consumption is 251.0 litres per person per day.

	November 08	December 08	January 09	February 09	March 09
Clusters 1 - 23	179.5	191.9	228.2	219.4	220.1
Clusters 24 - 42	221.8	237.0	294.7	248.5	251.0

We have been asked by the Residents Committee to provide periodic updates on the state of sales within the Village, particularly in light of the current economic conditions. For your information, Peter and I review the prices of the villas every six months in January and July. The prices were not increased in January of this year and it is not anticipated that they will increase this calendar year. As to the state of current villas and terraces for sale, they are at a level that one would expect in a village the size of the Village Glen. Currently we have 31 reallocated villas or terraces for sale. We have 9 terraces, 3 of which are sold and 3 reserved. With regard to Stages 1 and 2, there are currently 9 villas, 2 of which are sold, 2 reserved with the remaining being prepared for sale. In Stage 3 there are 8 villas, 3 of which are sold, 1 reserved and the remaining are available for sale. In Stages 4 and 5 there are 5 villas, 3 of which are sold and 2 are reserved. In Cluster 32 there are currently 5 new villas for sale, 2 of which are reserved. Our sales to date this financial year are on track to reflect previous years' results. We remain positive for the remainder of this year but as you would appreciate there are economic circumstances outside our control.

Finally, it is with much sadness that we farewell Maree who is leaving at the end of April to travel with her husband and son to Darwin. Maree has been a wonderful member of, not only the office staff, but also of the Medirest team. Her smiling face, cheerful manner and hard work will certainly be missed. Whilst we are very sad to have to farewell Maree, we certainly wish her, Tyson and Blake all the very best of luck and a safe journey.

Until next month, Chas.